

22-23 Advanced Techniques Schedule

FREE Trial Class- Oct. 3- Meet and greet with the Advanced Techniques Team of Coaches

Session 1

Week 1: Oct. 10
Week 2: Oct. 17
Week 3: Oct. 24
Week 4: Nov. 7
Week 5: Nov. 14
Week 6: Nov. 21

Session 2

Week 1: Nov. 28
Week 2: Dec. 5
Week 3: Dec. 12
Week 4: Dec. 19
Week 5: Jan. 2
Week 6: Jan 9

FREE- Trial Private Lessons- Jan 16

Session 3

Week 1: Jan. 23
Week 2: Jan. 30
Week 3: Feb. 6
Week 4: Feb. 13
Week 5: Feb 20
Week 6: Feb. 27